



Create a Race-Car Track: Use your painter's tape (or opt for [this super cool race-track tape](#)) to make a huge road system for your kids' matchbox cars. Think outside the box and have the track scale furniture and other obstacles (just make sure it's something you don't mind toy vehicles being "driven" over). The key to making it active is to make it large-scale, so they are engaging their core muscles while crawling all over.

